



"ANALOG" CHALLENGE

SCHOOL HOLIDAY IDEAS

10 Challenges + Complete 8 + 2 compulsory challenges
The prize is theirs to choose. Adapt the rules to suit your family.

1. Write a 200 word letter to your sibling. Tell them what you love about them. Stamp it and post it.
2. Find your way to an address using only a printed map. No phone.
3. Light a fire from scratch. Safely.
4. Sleep outside. Backyard counts.
5. Watch a sunrise from start to finish.
6. Fillet a fish. Then cook it.
7. Cook dinner for the whole family on a \$20 budget.
8. Learn to say hello, thank you and goodbye in 5 languages.
9. Interview an adult about their life. Write 200 words about them.
10. Create a board game from scratch. Teach the family to play.
11. Learn to tie 3 useful knots.
12. Bake a loaf of bread by hand.
13. Spend a full hour outside with nothing but your own company.
14. Learn to identify 5 native plants in your area.
15. Grow something from seed.
16. Sew a button back onto a piece of clothing.
17. Fix something broken around the house.
18. Spend time with someone over 70. Learn 10 things about them.
19. Pick up rubbish for 30 minutes at a local park or beach.
20. Learn to read a basic map of the night sky. Find one constellation.
21. Make a gift entirely by hand for someone.
22. Learn basic first aid - bandaging and the recovery position.
23. Change a bike tyre or fix a puncture.
24. Plan a full day out for the family on a \$20 budget.
25. Write a letter to your future self. Seal it.

26. Memorise a poem or passage you love. Recite it.
27. Watch a documentary about something you know nothing about. Write down 3 things you learnt.
28. Create a disaster kit for your household.
29. Bake something or share produce with a neighbour.
30. Create an outdoor treasure hunt for someone else.
31. Read a bus or train timetable and use it to get somewhere.
32. Learn to whistle with your fingers.
33. Build a shelter from natural materials and spend time in it.
34. Iron a shirt properly.
35. Learn to skip a stone - at least 3 skips.
36. Find and visit a place in your town you've never been.
37. Write an honest review of a book, meal or place. 200 words.
38. Learn to juggle 3 objects.
39. Build an obstacle course and time the whole family.
40. Plant something that will still be growing in a year.
41. Go a full day only eating food you've made yourself.
42. Have a day with no technology.
43. Make your own pasta from scratch.
44. Design a walking tour of your town for a tourist who's never been. Take your family on it.
45. Make a time capsule and bury it.
46. Teach a skill you have to someone younger.
47. Read a physical newspaper and write a 100-word summary of one story.
48. Make jam or a simple preserve from scratch.
49. Learn to read a tide chart and plan a beach visit around it.
50. Do nothing for 20 minutes. Sit somewhere outside. No phone, no book, no music. Just be.

*There's a bit of 'age-appropriate curation' required to make sure it's the right fit. And some challenges obviously require adult supervision for safety.
The rest? Let them figure it out. That's the whole point.*